

# LIFE @ ST. PHILIP'S

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## DATES OF NOTE:

October 7 – Blessing of Animals

October 14 – Community  
Conversations

October 19 – 50+ Luncheon

October 28 – Messy Church

October 29 – Confirmation  
Sunday

## CHURCH OFFICE HOURS:

Monday - Friday: 9 - 12



## HOLIDAYS:

Margaret Isaacs  
October 10



## From Pastor Tuula

No one is born thankful. Thankfulness doesn't come naturally, and for some it doesn't come at all. Thankfulness is a quality that must be fostered and nurtured. But how? How do we teach our children to be thankful, and how do we lead ourselves in the ways of thankfulness?



In his book *365 Thank Yous*, John Kralik tells about writing a thank-you note each day for an entire year. He didn't resolve to do that at a time when he was feeling particularly grateful. In fact, it was at a low time in his life. His business was losing money and he was going through a divorce. Then, one day, he got lost on a hike and didn't know how to get home. By the time he found his way down the mountain he had a plan: he would write a thank-you note each day for a year. "My only problem: did I have anything to be grateful for? The way my life was going, I hardly thought so," he writes.

*(...continued on next page)*

He got started by writing notes to his family and friends. Then it got harder. One day he couldn't think of anybody to thank. He stopped at his regular coffee shop, where the barista greeted him by name and with a smile: "John, your usual?" Kralik thought this was a great gift, that someone cared enough to learn his name and what he drank in the morning, so he wrote the barista a thank-you note. And so it went through the year; each day a thank-you note. The experience changed his life.

C. S. Lewis observed that grateful people are emotionally healthy people. "Praise," he said, "seems to be inner health made audible." I believe Lewis would accept my amendment: words of thanksgiving are like inner health made audible.

Happy Thanksgiving!

*See you in church,  
Pastor Tuula*

## Community Conversations



**COMMUNITY CONVERSATIONS**  
FOSTERING **RACIAL JUSTICE**

A SERIES OF ENGAGEMENTS FOR  
CONGREGATIONAL LEADERS

**Engagement # 1 – Awareness**  
*Because you don't know what you don't know*

**Saturday, October 14, 2023**  
**9:30 am - 2:30 pm**  
St. Philip's Lutheran Church

Eastern Synod  
of the Evangelical Lutheran Church in Canada

Eastern Synod  
of the Evangelical Lutheran Church in Canada

For more information and to register:  
<https://esynodracialjustice.eventbrite.com>

## Finance Update

Please find below a financial update for the period of January to the end of August 2023.

Last month I reported a net loss of \$20,564 to the end of July, I can now report that the loss has continued to grow so that as of August 31, 2023, we are at a loss of \$26,976.



### BUDGET DEFICIT

With eight months (or 67%) of the year complete our spending is on budget with expenses of \$173,005 (66%) against income of \$146,029 or 55% of our approved budget of \$264,000.

As a result, at the end of August, we are currently running a deficit of just under \$27,000 which is approximately \$14,000 further in the red than this time last year.

Some year-to-date financial numbers:

	2022 (Aug 31)	2021 (Aug 31)
Income	\$146,029	\$152,130
Expense	\$173,005	\$164,728
Net Income (Loss)	(\$26,976)	(\$12,598)
Benevolence	\$16,127	\$15,620

As we move into fall, please consider continuing to make your weekly donation.

Find the how-to details here: [stphilipstoronto.com/donate-now/](http://stphilipstoronto.com/donate-now/)

Gary Wuschnakowski

## CLWR World Food Day



**World Food Day – Monday October 16th** - Global hunger is on the rise and as many as 783 million people around the world go to bed hungry. Join CLWR, churches across Canada, and members of Canadian Foodgrains Bank as we stand together with people around the globe and unite in prayer for an end to the injustices of hunger. Learn more at [www.untilallarefed.ca](http://www.untilallarefed.ca).

### DID YOU KNOW?

- Nearly 10% of the world’s’ population – as many as 783 million people – go to bed hungry!
- Women, the elderly, people living with disabilities, and racial, ethnic and religious minorities experience a disproportionate amount of hunger.
- Climate change is putting more pressure on those already working to produce their own food.

Hunger is a growing threat, but together we can make a difference. This World Food Day, please join us in prayer for those facing food insecurity.

To learn more about how your church can help families facing food insecurity, or CLWR’s other initiatives, feel free to reach out to Heidi van Schaik, CLWR’s Church Relations Manager, at [heidi@clwr.org](mailto:heidi@clwr.org).



## Music Director, Karen Quinton



Hello St. Philip's! My name is Karen Quinton and I am your new Music Director. October 1<sup>st</sup> will be my first Sunday with you.

### A little 'history':

For the past 12 years I was Music Director at Bayview United Church, which was closed this summer. As well as an organist, I am a piano teacher and served twice as keyboard department head at the Royal Conservatory of Music (RCM). Professional study was at McGill University, the Tchaikovsky Conservatory in Moscow, and culminated in additional study in London, England for three years.

An earlier career was as a solo pianist, playing in cities of Canada, Europe, and China. I performed frequently also as a vocal collaborator and in a variety of chamber music ensembles at the RCM and elsewhere.

I live in Etobicoke, feel honoured and delighted to be joining St. Philip's Lutheran Church, and am looking forward to working with you!

Choir Practice will start on **Wednesday October 4 @ 7:30 pm**. All are welcome.

I can be reached via email at [kgquinton@icloud.com](mailto:kgquinton@icloud.com) or by phone at 416.231.9247.

*Karen Quinton*

## 50+

On **Thursday, September 21** we had a special group outing to McMichael's Gallery in Kleinburg to tour the current Tom Thomson Exhibit. We really enjoyed seeing an impressive number of his sketches and paintings, learning about his techniques and accomplishments in just 5 years of painting!



We also enjoyed a group luncheon, exploring on our own and relaxing outside in the sunshine. Please see page 7 for full details of our October event.



*Doris Pascoe and Donna Schwantes*

## New Member Reception

On **Sunday, September 10** we officially received and welcomed 11 new members to St. Philip's. Please see next page for pictures taken during worship and afterwards at the Welcome Back BBQ Picnic!

The new members have provided a small bio so that you may get to know them better.

### **Anne and Chuck Anderson:**

We've been married 61 years, have 2 children, Julie and Jeff, and 2 grandchildren, Noah and Leah. After living in Oakville for 44 years, we moved to Etobicoke in 2014. Anne has a BSc in Nursing from University of Minnesota. She has worked at Northwestern Hospital, Sick Kids, Nightingale and Sheridan Collete. In conjunction with 2 colleagues, she developed the Collaborative Nursing Program for Community Colleges. She retired from Sheridan in 1992. Chuck has a BSc from the University of Manitoba. He worked for 32 years in the Property and Casualty insurance industry in various parts of North America and 11 years with the Government of Ontario as a regulator of automobile and general liability insurance. He served as the Canadian delegate on the NAFTA subcommittee that developed the rules and regulations for cross border trucking. He was part of a World Bank team that assisted the Government of Kosovo develop its general insurance system. He retired in 2001. They have 2 cats – Onyx and Voodoo. We've done much travelling in our retirement, but the one trip we would still like to take is a river cruise that starts in the Netherlands, goes down the Rhine and the Danube and ends up in the Black Sea. Anne likes to read, and Chuck likes to garden. Chuck's other hobby is Winston S. Churchill. He is a Director on the Board of the International Churchill Society Canada and a former Director of the Churchill Society for the Advancement of Parliamentary Democracy. Like all grandparents, our great passion is our grandchildren. Both of us are looking forward to being members of St. Philip's Lutheran Church.

### **Alessia Gallipoli-van Rensburg:**

I work as a pediatrician at St. Michael's Hospital in Toronto. We have two pets – a cat named Jet and a dog named Molly. They both love to spend time relaxing at home and love trips to the cottage! I like to watch sports, especially NFL football. I also enjoy playing soccer! In the nice weather I like to garden and I like exploring new neighbourhoods while walking Molly. I am most passionate about spending time with our growing family and building connections to our communities. We would love to visit my wife Ellen's family in South Africa. We had the trip planned as a honeymoon, but then 2020 got in the way. We feel very lucky that St. Philip's has been part of such special moments for our family and we are looking forward to continuing to make lovely memories within the St. Philip's community.

### **Martha Schaftrick:**

I lived my first years in a village of German-speaking people near Warsaw, Poland. I then lived in Germany for a short time, then in Welland from 1951 – 2021. I attend St. Philip's with my daughter, Wendy Paroyan, and her family. You'll find me in the local Toronto swimming pool every morning or putting in the garden with my other daughter, Marilyn, who lives with me in Don Mills.

### **Paroyan Family:**

Francois and Wendy have been married for 30 years and have three children. We were married at St. Matthew's Lutheran Church, Welland. Francois has worked at Kruger Products in the legal department for over 8 years and Wendy is in a new job in the Finance Department at West Park Healthcare Centre. Nicole is a lawyer at Ursel Phillips Fellows Hopkinson. Robert works at Creative Destruction Lab at U of T. Justin is in the first year of a 5-year kinesiology & physiotherapy program at the University of Ottawa. Nicole and Robert were baptized at St. Philip's when we were members from 1994 – 2000. When we moved from the Jane/Bloor area to North Toronto in 2000 we joined St. Ansgar. Francois and Wendy bought a house in the Sunnylea area which is undergoing a major renovation. We plan to move in this November.

## New Member Reception ... Continued



### **Dave Weldon and Sandra Birthelmer:**

Dave hails from Lindsay in the beautiful Kawartha Lakes. He moved west to attend the Universities of Guelph and Waterloo. He later studied teacher training and became a secondary school teacher, science department head, vice principal and principal. He also served as an Executive Superintendent with the Peel District School Board, a position from which he retired in 1997. During his retirement he worked for the Ministry of Education. Since then, he is busy travelling the world with his wife Sandy. Dave has 2 children, Jayne, who is a teacher and Geoff who is an executive with Dell Canada. He also has 5 grandchildren whom he enjoys tremendously.

Sandy was born and raised in Hamilton, Ontario where she attended elementary and secondary school and later McMaster and the University of Toronto. She went on to study teacher training and taught elementary school children before becoming a vice principal, principal and Executive Superintendent with the Peel District School Board. She was an instructor of potential principals in Ontario and at the University of British Columbia. She retired from the profession in 1998 and worked in education in South Korea for a number of years. Since then, she has been travelling extensively with her husband Dave. She enjoys being the stepmother to Jayne and Geoff and the grandmother to 5 grandchildren.

**Zumba: Mondays @ 1:00 pm**

**Joyful Noise Bell Choir: Mondays @ 7:15 pm**

**Girl Guides: Tuesdays @ 6:30 pm**

**Cover Girls: Wednesdays @ 10 am**

**Choir: Wednesdays @ 7:30 pm**

**Blessing of the Animals: Saturday, October 7 @ 10:00 am**

**LAVS: Friday, October 13 @ 7:00 pm**

**Community Conversations: October 14 @ 9:30 - 2:30 pm**

**50+: Thursday, October 19 @ 12:30 pm**

**Messy Church : October 28 @ 4:00 pm**

### Church Readings for October

**18<sup>th</sup> Sunday after Pentecost – October 1**

Ezekiel 18:1-4,25-32/Psalm 25:1-9  
Philippians 2:1-13/Matthew 21:23-32

**19<sup>th</sup> Sunday after Pentecost – October 8**

Isaiah 5:1-7/Psalm 80:7-15  
Philippians 3:4b-14/Matthew 21:33-46

**20<sup>th</sup> Sunday after Pentecost – October 15**

Isaiah 25:1-9/Psalm 23  
Philippians 4:1-9/Matthew 22:1-14

**21<sup>st</sup> Sunday after Pentecost – October 22**

Isaiah 45:1-7/Psalm 96:1-13  
1 Thessalonians 1:1-10/Matthew 22:15-22

**Reformation Sunday – October 29**

Jeremiah 31:31-34/Psalm 46  
Romans 3:19-28/John 8:31-36

### 50+ Oktoberfest Luncheon



When: **Thursday, October 19 @ 12:00 pm**

Lunch: Potluck with entertainment by George Kash

Please bring \$10 for annual dues.

Also bring a side dish, salad, or dessert to go with our BBQ sausages and pretzels.

Register: By using the sign-up sheet in the narthex or call the church office at 416.622.5577 to reserve your spot!

Newcomers are always welcome to join us for

**Good Food, Fun, and Fellowship!**

### Life Passages

*John Brownlie*

*March 2, 1935 – September 25, 2023*

A funeral will be held at St. Philip's on **Tuesday, October 3 @ 10:00 am** with a reception afterwards in the Fellowship Hall.





St. Philip's Lutheran Church  
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[www.stphilipstoronto.com](http://www.stphilipstoronto.com)

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[tvangaasbeek@bell.net](mailto:tvangaasbeek@bell.net)

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Karen Quinton, Music Director  
Phone: 416.231.9247  
[kgquinton@icloud.com](mailto:kgquinton@icloud.com)

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Mark Kieswetter, Music Director  
Emeritus

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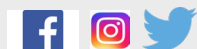
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*Instagram: [@stphilipslutheran](#)*

*Twitter: [@SPLCOnline](#)*



## Confirmation Sunday



Join us on **Sunday, October 29** when we confirm Mark and Jack Luciani, Marleah Roche, and Liam Stewart.

### Next...

Please submit articles and high-res photos (minimum 2 MB) for the November issue of LIFE by **October 27** ... send good news to Margaret Isaacs: [stphilip@bellnet.ca](mailto:stphilip@bellnet.ca)

### About St. Philip's - Our Vision

Freed by the grace of Christ, we seek to connect with God, neighbour, and self.

**Vision Statement:** We are a diverse and inclusive Lutheran faith community freed by the grace of Christ to find God and self as we connect with our neighbours.

We practise hospitality of open hearts and open arms. We unite with partners to make a difference in our neighbourhood. We nurture community of Christ.

**Values Supporting the Vision:** Our Lutheran heritage of grace; our call to pray, worship, and learn as we grow in our Christian faith; our needs to gather and belong in Christian community; the call to love our neighbours as Christ loves us; the acceptance of all people as children of God; the opportunities to meet God everywhere.